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 @LongfordTrust

Registered Charity No. 1164701

Front cover: PRIZE WINNER: David Jolie of St Giles' Trust receives his Longford Prize for Outstanding Achievement from Longford Trustee, Hannah Billington, at the 2017 Longford Lecture.



The Longford Trust

Annual Report 2017

A Year of Firsts



It was a Longford Lecture like no other. The giant Assembly Hall of Church House in central London was full to bursting point in late November for Ken Loach's 2017 Lecture, but we had managed that feat already many times over in the past 16 years. Rather there were two innovations that made it so special. The first was the presence for the first time of listeners to National Prison Radio, which broadcast the evening's proceedings live to its 86,000 potential audience behind bars. For those

in the hall, it made the urgency of prison reform so much more immediate than ever before.

The second was the atmosphere generated when it came to questions from the floor after the veteran film-maker had finished talking from the lectern on his theme, Charity or Justice. Ken had asked our long-serving host, the distinguished broadcaster Jon Snow, that this part of the evening be less a Q&A session, and more a discussion. And the audience took him at his word. One after another they stood up to share shattering personal experiences of the sort of injustice, marginalisation, exclusion or official hard-heartedness that had been condemned so passionately in Ken's lecture. Something inside them had been unlocked and empowered by his words and they too wanted to speak out. It made for what was the most emotional of our annual events so far.

And a fitting end to a highly successful year for the Longford Trust. The lecture is but one part of our work. Twelve months a year, our Longford Scholarships' programme continues to grow. In the summer of 2017, we made scholarship awards of financial and mentoring support to a record 22 young men and women, all of them serving or ex-prisoners, in every part of the country. We now have over 50 Longford Scholars working with us, as they progress through the three years of their university degrees.

We have added several new aspects to our programme of work. A new all-singing, all-dancing website will, we intend, extend our reach ever further in our efforts to contact all those who could potentially benefit from one of our scholarships. There is no more powerful inspiration to embark on the path of rehabilitation through higher education for someone serving a prison sentence than the example of those who have successfully trodden the same tough but rewarding road before them. The new website contains three new short films, made for the trust by the award-winning South African photographer, Russell Bruns, where past and present scholars share their stories.

Then there is our new Schools' Partnership Scheme, which links the trust for

a whole year with one particular school. This year it was Ruislip High School in north west London. In the spring, a team from the trust, including current scholars and our 2015 Longford Lecturer, the broadcaster Michael Palin, went to Ruislip to meet the upper years of the school and tell them about our work and the urgency of prison reform. Over the summer the pupils designed the promotional materials for our lecture as part of their graphic design GCSE and A Level courses. And in November, they were with us in the Assembly Hall to participate in the event.

In another new development, thanks to the generosity of Antonia Fraser, Frank Longford's daughter, we ended our lecture evening with the reading by actor Freddie Fox of the winning Pinter Poem, named after Antonia's late husband, the Nobel Prize-winning playwright and poet, Harold Pinter. It is awarded to what is judged to be the best poem published in *Inside Time* in the previous 12 months by a serving prisoner. In this inaugural year that was "Prisoner" by Charles Sharp from HMP Wakefield.

To continue the theme of the new, our fund-raising efforts this year yielded £245,000, more than in any year since we started out in 2002. And in 2017, we have appointed our first designated Mentoring Manager, Natasha Maw, who has transformed the training and support we give to the volunteer mentors who support our Longford Scholars throughout the year.

A final first to highlight. The Longford Trust works hard to support our scholars once they have graduated to find suitable employment. Those efforts received a huge boost in the summer of 2017 when the Cabinet Office agreed to offer two month-long, paid internships to current Longford Scholars who were interested in pursuing careers in the Civil Service or in policy-making to build a better world. Of the two young undergraduates who spent September in Whitehall, one was offered a full-time job there when she graduates.

Our thanks go to those in the Cabinet Office who made this chance possible, to all those who supported the trust in any way during the past 12 months, and especially to my long-serving colleague, Magdalen Evans, who after nine years as Scholarship Manager left the trust at Christmas to pursue new avenues.

Peter Stanford
Director Longford Trust
director@longfordtrust.org

What the Longford Trust Does

Since it was established in 2002 by friends, family and admirers of the former Labour cabinet minister and lifelong prison visitor, Lord Longford (1905-2001), the Longford Trust has focussed on three particular areas in its efforts to continue his distinctive work for penal reform.

The first is our annual Longford Lecture, held since 2002 in the spectacular round Assembly Hall of Church House, Westminster, home of the Church of England's General Synod. Speakers have included a Nobel Laureate (Archbishop Desmond Tutu), a Head of State (President Mary McAleese of Ireland), the Metropolitan Police Commissioner (Ian Blair), the Head of the Supreme Court (Brenda Hale) and most recently a former Lord Chancellor (Michael Gove) as well as writers Michael Palin and Will Self, and the campaigners Bianca Jagger and Clive Stafford Smith.

The second is the Longford Prize, awarded annually by a distinguished judging panel to an individual or organisation showing outstanding qualities of courage, humanity and persistence in the field of prison reform. Past winners have included Circles UK, Prisoners Abroad, HMP Grendon, Pact and the founder of the Shannon Trust, Christopher Morgan.

And the third is our Longford Scholarships' programme, started in 2005. It has since supported almost 200 young serving and ex-prisoners to continue their rehabilitation through studying for a degree at a UK university. Awards include both financial help and one of the trust's trained group of volunteer mentors.



"If we are really concerned with the reform of prisoners, what we do when they emerge from custody is at least as important as what we do for them while they are inside."
Lord Longford (1994)

"Higher marks in prison than out"



Mark (left) receives his degree from Canon Grant Fellows, with David Knight of the Open University looking on

30-year-old Mark Alexander completed the final year of his Law degree from prison, after being jailed at the end of his third year at university. At his graduation on November 15 this year, at a ceremony in the sports hall of HMP Coldingley, shared with two other prison learners, and attended by his mother, grandmother and other relatives, as well as his Longford Trust mentor and members of the trust team, Mark spoke of what drove him on to study despite the obstacles – "the investment in self, in one's future, and ultimately one of the most potent symbols of hope, if not humanity". In the end, he reflected, "I found myself scoring higher marks in prison than I'd ever achieved previously – a reflection of my increased determination and appreciation of the essential value of education itself, made so vividly clear to me through the ordeal of imprisonment".

The 2017 Longford Lecture

Church House, Westminster, played host, on Wednesday November 29, 2017, to the 16th annual Longford Lecture. Our speaker was the award-winning film and television director, Ken Loach (pictured top right), whose work over five decades has shone a piercing light on those on the margins of our society, from *Cathy Come Home* in 1996 through to *I, Daniel Blake* in 2016. For his lecture, he took as his theme “Charity or Justice” and he carried the audience back to the goals that the post-Second World War Labour government – of which Lord Longford had been a member – set themselves for the sort of society they wanted to build in Britain. How far had that ambition been achieved, he asked,

looking in particular at youth justice, homelessness, poverty and prisons? He shared the stage with a battered sofa, part of the campaign by the charity New Horizon to highlight the number of young, homeless people surviving by “sofa-surfing” with friends and family.

There was a gathering before the event of current and past Longford scholars and mentors, and afterwards the Longford family and trustees invited the audience to join them for a reception, catered by the Clink, the catering and educational charity that works in prisons and supports those released through

the gates. Among those captured on film by photographer, Russell Bruns, were: (left hand column, third down, middle one of three) Rachel Billington, Lord Longford’s daughter and the associate editor of *Inside Time*, the national newspaper for prisoners; the broadcaster, Jon Snow (bottom left hand corner), who hosted the event; our 2017 school partners, Ruislip High School, pictured centre of the page with speaker Ken Loach; the Longford Trust’s chairman, Kevin Pakenham (bottom row, centre), and (bottom right hand corner) the Trust’s director, Peter Stanford, on stage interviewing some of the current crop of Longford Scholars.



“We Have to Know Because it is Done in Our Name”



Ken Loach presenting the 2017 Longford Lecture

An extract from Ken Loach's 2017 Longford Lecture, “Charity or Justice”

“In 2014 we had a probation service. In 2014 it was split, half was the National Probation Service, and half was the Community Rehabilitation Service. In 2015, big surprise, you know what’s coming: the Community Rehabilitation Service was privatised, that is why it was split. That is what they do, they divide services up, they divide industries up, and then they sell them off. That is what they have done with the Community Rehabilitation Service.

Many companies own or provide services for this. Most are owned by one company now. Venture capital companies are involved. Why are venture capital companies involved in probation? Has anyone got a clue why that should be? I cannot imagine.

Well, the person who did it obviously can. So what are people saying? We found some comments by people working in the Probation Service or in the Community Rehabilitation Service. These are the people on the front line, beginning again with HM Inspectorate of Constabulary. ‘Most service users have not received a service that meets their needs or is likely to stop them reoffending.’

UNISON, the union, did a survey of the people who work there. This is what one said: ‘The service is target-driven and form-filling. They have no regard for their staff or the offenders with whom we work.’

That’s one. Another says: ‘It doesn’t seem to be about the service users, it’s all about hitting targets’. That’s the publicly-owned bit. The privately-run piece, Community Rehabilitation Service, this is what people who work in it said. ‘Many cases have not been contacted for months. One case today he had not heard from anyone at Probation for 16 months in a 24-month suspended sentence. It’s not good enough.’

Why do we allow this to happen? On prisons, we just try to listen and hear what is happening. From 2010/11 to now, the budget has been reduced by nearly a quarter. Fewer staff looking after more prisoners. Frontline staff have fallen by over a quarter in the last seven years. Well, if you cut the money, of course you cut the staff. An ex-prisoner I spoke to today said he has never known prison as dangerous and chaotic as now.

Everyone tells me mental health is the biggest problem. Thousands are in prison who should be cared for in a mental hospital. If they are dangerous to themselves, they should be in a secure mental hospital. And let’s just remember, many of those mental hospitals, the old ones were not good and they had to be changed or closed, but just shut down and people turned out for Care in the Community which, as we know, is now non-existent virtually? So it is a huge problem and the people in prisons are having to deal with it.

And drugs, ever more available, appalling drugs that people go off their heads with, and then create massive problems. One man said to me: ‘I wouldn’t share a cell now because I would be fearful of the person I would be sharing with.’ Not because he didn’t get on with other prisoners but because the danger was too intense.

Last year there were six apparent homicides in prisons. The previous year there were four. That’s a total of ten in two years, and that is more than the previous eight years put together.

And one statistic just absolutely hit me: for women there are twice as many cases of self-harm than there are women prisoners. So some poor women are cutting themselves and cutting themselves and cutting themselves as we speak. And we allow it to happen. People listening [on National Prison Radio] will know this far better than I do, but I think we have to know it because it is done in our name, and we have to break the crime of silence so that none of us can say: ‘Well, we didn’t know about this, it’s a surprise.’

We do know, we do know. We have to demand that those who are responsible are accountable.”



The 2017 Longford Lecture was sponsored by



The Longford Prize



Our annual Longford Prize – now, like the Lecture, in its sixteenth year - was once again sponsored in 2017 by the McGrath Charitable Trust. The Longford Prize, worth £5,000, celebrates those organisations and individuals who have made an outstanding contribution to the work of prison reform. Nominations are made by members of the public, and our distinguished panel of judges made three awards. It has long been part of the prize to trumpet the achievements of outstanding and often too-modest individuals. In 2017 the judges were equally impressed by two people, working in different parts of the country, and with different groups, but who shared a remarkable commitment, and an extraordinary track record of success.

Outstanding Achievement



David Jolie of St Giles Trust receiving the first Outstanding Achievement Prize from Ken Loach and Jon Snow

His involvement with St Giles Trust started in 2005 while he was still a serving prisoner, and he has subsequently taken on challenging leadership roles there working with homeless prison leavers, and as part of the Outliers programme that engages with those who have fallen through every other safety net.

The first Outstanding Achievement award went to David Jolie of St Giles Trust, who works on the front-line of some of the toughest parts of London, with some of the most disadvantaged people in the capital. His involvement with St

"A Model Professional"



Niki Gould of the Nelson Trust receives the second Outstanding Achievement Prize

Niki Gould of the Nelson Trust received the second Outstanding Achievement award. The judges said they were "hugely impressed" by her work as head of women's community services at the trust since 2010, supporting vulnerable women on their transition back into the community, and standing shoulder-to-

shoulder with them as they confront the challenges of rebuilding their lives. She was, they said, "a model professional".

2017 Overall Winner

The annual Longford Prize went to Safe Ground. Founded in 1993 by Antonia Rubinstein and Polly Freeman, and working through drama, dialogue and debate with serving prisoners, Safe Ground has, the judges said, "an outstanding and independently-verified track record of reaching the angry young men who both commit crime and are victims of crime". Its "Man Up" and "Fathers Inside" programmes challenge those in both the adult and the youth estate to develop a greater self-awareness and resilience and so change the entrenched patterns of their lives.



Charlie Weinberg, Keisha Bhamra and Gus from Safe Ground receiving the 2017 Longford Prize from Jon Snow and Ken Loach

Our Scholars Programme



Firstly, let me put my hand up to being very new to this role, barely two months as scholarship manager as I write this. Everything which follows is as much first impressions as it is a comprehensive overview. “Second chances through education” is a sound bite easy to rattle off, harder to make a reality in our tough economic and social times. Add to that the uniquely challenging times prisons currently face.

Early on in the job I was lucky enough to be invited to take part in a Lifer Inspiration Day at a male prison. What struck me - and continues to impress me - is the remarkable and heartwarming level of personal dedication among our current cohort of 50 Longford Scholars and 12 Frank Award holders, prison staff, mentors and university tutors to make studying work. To overcome obstacles and succeed.

In our 2017 intake of Longford Scholars, seven of the 22 are serving prisoners, either studying remotely by distance learning, mostly with the Open University, or, encouragingly, in a growing number of cases, studying in person at university on day release from prison.

At the Lifer Inspiration Day, one of the speakers was one of our female Longford Scholars, now released, in the final stages of her law degree, and the mother of a young child. She offered words of hope, belief and encouragement to the men, many of whom were serving long sentences. For her studying with the Longford Trust has given “opportunities and hope, confidence and happiness”.

So “second chances through education” is not some whimsical happenstance or fairytale. The 2:1s and Firsts (the majority of the marks recorded by the Trust’s scholars in 2017) tell their own story - not of luck and chance but sheer dedication, hard work and commitment to rehabilitation.

Philippa Budgen
Scholarship Manager Longford Trust
scholars@longfordtrust.org

Work Experience

Helping our scholarship award-holders to get good jobs when they graduate is an essential part of the support we offer. In the summer of 2017, we worked in partnership with the Cabinet Office on Whitehall to arrange month-long, paid internships for two of our current scholars, both about to go into their final year. Emma Small, who is studying criminology at De Montfort University, was one of them.



Emma Small with fellow Longford Scholar Justin Gahan outside the gates to 10 Downing Street on the first day of their internship in the Cabinet Office

“My time with the public appointments team at the Cabinet Office was absolutely incredible,” she says. “I was treated with such respect and made to feel one of the team immediately. I’ve gained so much confidence, both in myself and by being back in a working environment. The benefit is immeasurable. After years of self doubt and fear about going back in to the workplace, I now feel valued and able to share my views and options without prejudice.”

Making a Difference

We keep in regular touch with all our scholarship award holders. Here is a selection of their comments from those exchanges in 2017. Some details have been changed in line with data protection rules.

"I am enjoying the course very much and the mentoring has been most helpful. The Longford Scholarship is making a big difference."

TE, 39, doing a one-year environment MA in Leeds

"I am hanging on every word my lecturers say and making them think with my comments and questions too. My classmates must think I am a real kiss-arse and it feels good. I don't mind shouting the Longford Trust's name from the rooftops if you'd like. I owe you all so much gratitude."

HF, 29, reading criminology in Leicester

"I am still aiming for my first class honours and will keep you updated in regards to how I do. I will keep you updated in regards to the results I receive. I hope all is well with all of you at Longford, and I thank you for your continual support. Without you this journey would've been a lot harder than it is."

RG, 27, reading public health in London

"I met with Stuart yesterday. We had a really good chat. I think he will be a really good mentor for me."

DM, 34, reading psychology at Manchester

"My finances are OK, I rely heavily upon the scholarship from Longford which is a great help each term. I will probably work throughout the summer in order to get by."

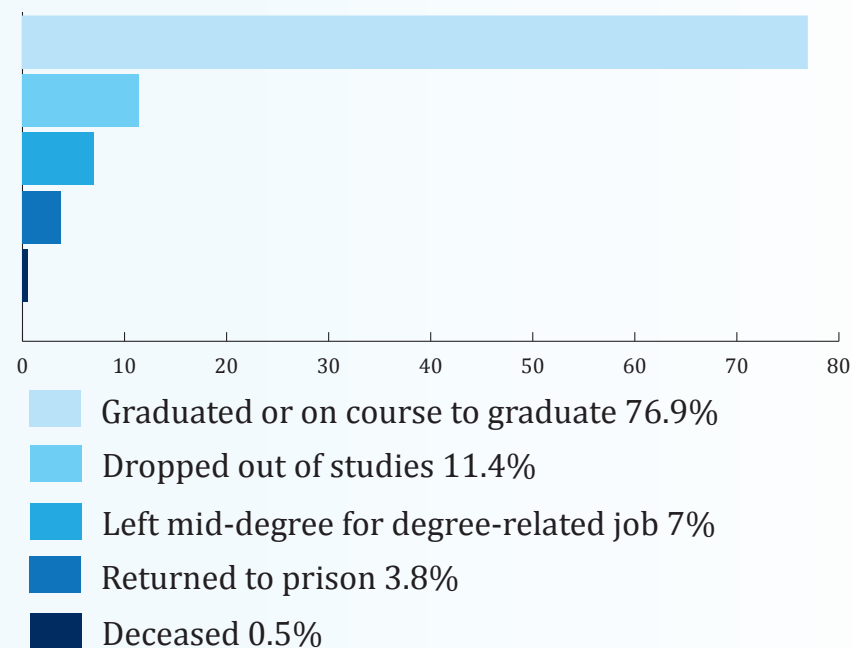
NY, 21, reading sports science in Bristol

"Throughout life I have never really realised how much I struggle academically or crave a sense of emotional support and encouragement that allows me to mentally believe I can do something. I am so pleased with the mentor I have been allocated. She is actually amazing. She responds to my emails efficiently, always willing to help and making suggestions and really helping me to feel relaxed and able. However, if it wasn't for the Longford Trust I would never have been matched with her. Thank you."

KP, 26, reading criminology in London

Our Outcomes

Since we began our scholarships programme in 2005 with just 3 awards, we have supported 184 young men and women. In the summer of 2017, we made 22 awards. Here is a picture of how the programme has changed lives over those 12 years.



School Partnerships

For many years, we have been inviting schools from around Greater London to send their senior pupils to attend the annual Longford Lecture, so as to engage them with the debate around prison reform. In addition to listening, they have also helped out with the ushering. In 2017, however, we expanded this into a fully-fledged School Partnership Project.



Freddie Fox talking to pupils of Ruislip High School

In May, we visited our first School Partner – Ruislip High School in north west London – to talk to years 11, 12 and 13 about our work. One of our current Longford Scholars came along, as did our 2015 Longford Lecturer, Michael Palin. Having been briefed about what we do, the pupils studying graphic design then produced all the publicity and marketing materials for the 2017 lecture, and attended on the night to listen to Ken Loach, contribute to the debate, and meet the speaker and other guests afterwards. Pictured above, pupils and teachers from Ruislip High meet actor Freddie Fox, who read the Pinter Poem at the end of the Lecture.

If you know of a school that would like to be our partner, please contact: office@longfordtrust.org

A Mentoring Community



In November 2016 I was asked by the trustees to evaluate the Longford Trust's mentoring programme, in terms of the training and support given to mentors, and the value to scholars of mentoring. Out of that research came recommendations which, over the past year, I have been working to implement.

We run an annual training day for those who volunteer to be mentors – in premises generously donated by the law firm Norton Rose Fulbright. It prepares mentors for the work they are taking on, including protocol and boundaries, issues concerning mental health and available support services, some background on the criminal justice system, the experience of visiting someone in prison, and mentoring tools and techniques. Last year 17 new volunteers, including some ex-scholars, attended the training day, after going through our initial screening. They are now working as mentors with our 2017 intake of scholars.

In their feedback on that work, both mentors and scholars expressed a wish for more opportunities to meet, learn and share ideas as a community in similar situations, so we organised a brainstorming session on the afternoon before the 2017 Longford Lecture. The outcome was a request that the trust provide a secure online forum, available only to current scholars and mentors. We plan to launch this App-based forum, known provisionally as the Frapp, in the summer of 2018, with the support of the Wilmington Trust, and use the platform it provides to improve collaboration and communication amongst our mentors and mentees, enable peer-to-peer support, share information, and provide specific training sessions by video conferencing. Our aim is to further improve outcomes for our scholarship award holders, and extend the pastoral care the trust currently provides

*Natasha Maw
Mentoring Manager Longford Trust
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The Frank Awards: Turning Sentences into Degrees

In 2012, the pot of government funding that had been enabling serving prisoners to undertake Open University studies as part of their commitment to rehabilitation was withdrawn. In its place, student loans were made available to some, but not all. As a result between 2012 and 2016, there has been a 42 per cent drop in the number of serving prisoners in higher education with the OU.

As a response, in 2014, the Longford Trust introduced the Frank Awards. These grants cover the cost of one OU module and are available to those inmates who can show that they either don't meet the strict criteria applied to prisoners seeking a student loan, or are unable because of exceptional personal circumstances to take on the debt burden required to realise their educational potential.

Working in partnership with the Prisoners' Education Trust and the Open University, the Longford Trust has made over 40 Frank Awards since 2014, 12 in the course of 2017, meaning a commitment over the year of £28,747, most of which is generously funded by a grant from the Linbury Trust.

Several of our Frank Awards holders have gone on to apply for, and receive Longford Scholarships on release from prison. And in 2017, for the first time, we have been able to provide one-to-one mentoring with our trained volunteers in two prisons, with the co-operation of the education departments there. We hope to expand this into other prisons in the years ahead.



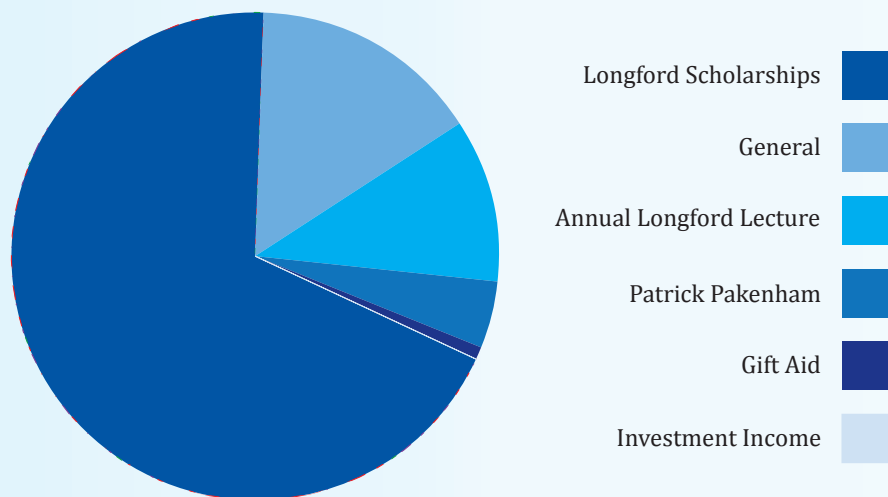
A Career is Launched



Lee Cutter in front of his work at Christie's

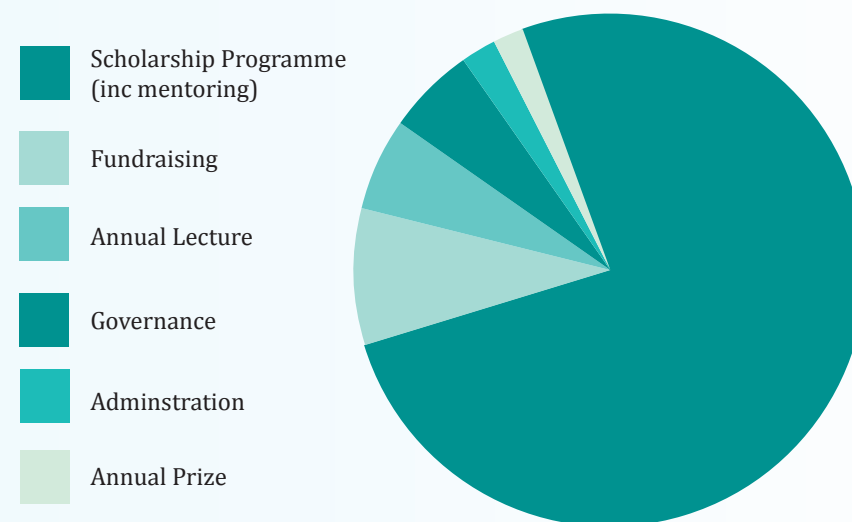
Gaining a degree, with the support of the Longford Trust, is one huge step on the road to rehabilitation. Next comes building a career, and the trust continues to help. Lee Cutter graduated in 2013 in Fine Art from Sunderland University and began working for the Koestler Trust, but really wanted to be an artist. He won a fully-funded place on the MA at London's Royal Drawing School in London, where he received a prize when he graduated for outstanding achievement. In November 2017, his work was shown at Christie's, and praised by HRH The Prince of Wales. His career is well and truly launched. Lee is pictured above at the opening with our director Peter Stanford and Sally Taylor of the Koestler Trust.

INCOME	2017	2016
Donations to Restricted Funds		
Longford Scholarships	£168,288	£142,413
Annual Longford Lecture	£26,939	£21,727
Patrick Pakenham Awards	£11,100	£12,100
<i>SubTotal</i>	<i>£206,327</i>	<i>£176,240</i>
Donations to Unrestricted Funds		
General	£37,345	£13,993
Gift Aid	£1,859	£2,353
Investment Income	£207	£186
<i>Sub Total</i>	<i>£39,411</i>	<i>£16,532</i>
TOTAL	£245,738	£192,722



We are grateful to the following major donors for their support in 2017: Charles Alexander, Lionel Barber, Stephen and Nuala Blaney, the Bromley Trust, Lord Charles Cecil, RJ Clark, Richard Collins, Shirley Conran, Dolly Costopoulos, the Violet and Milo Cripps Charitable Trust, Harriet Cullen, the Alex and William De Winton Charitable Trust, the Dischma Charitable Trust, the Robert Gavron Charitable Trust, the Gess Charitable Trust, the Hawthorne Charitable Trust, Kate Hill, Sir Harold Hood's Charitable Trust, Sarah and David Kowitz, the KW Charitable Trust, the Legal Education Foundation, the Linbury Trust, the Lund Trust, the McGrath Charitable Trust, the Monument Trust, the Miles Morland Foundation, the John Murray Trust, the Northwick Trust, the Offenheim Charitable Trust, the Rank Foundation, the estate of the late Sophie Rhodes, Sir James Spooner, the Stone Family Foundation, and Unilink Technology Services.

EXPENDITURE	2017	2016
Scholarship Programme (inc mentoring)	£205,277	£123,280
Fund-raising	£23,824	£10,884
Annual Lecture	£15,972	£16,130
Governance	£14,537	£19,402
Administration	£6,377	£9,687
Annual Prize	£5,665	£7,250
TOTAL	£271,652	£186,633



Current Assets at end of 2017	£265,190
Current Liabilities in 2018 (scholarship awards made)	£55,182
Current liabilities after 2018 (scholarship awards made)	£49,350
Accruals	£2,700
TOTAL ASSETS	£157,958

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Natasha Maw - *Mentoring Manager*

Jill Dale – *Events Manager*

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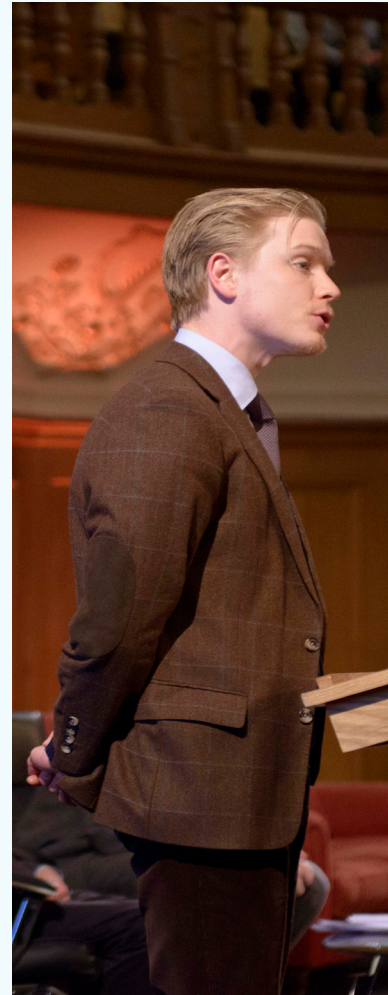
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“Prisoner” by Charles Sharp, HMP Wakefield



*Actor Freddie Fox reading the winning
Pinter Poem at the 2017 Longford Lecture*

Do not condemn me for all that I do
Fundamentally I am the same as you

Try not to censor all my words
It's only the chatter you've often heard

Do not intrude upon my thoughts
Or in the trap of prejudice you'll be caught

In every life mistakes occur
In that, I'm just like him or her

I'm paying the price for what I've done
Once I'm out let it be gone

Don't hound me forever for one mis-deed
Allow me to truly, hereafter, be free

Burn me not with the prison brand
Let me go and simply shake my hand

I am not just things I've done
Like you, I am a mother's son

All that I want is a chance to be free
You've no idea how much that means to me.

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