

Catch Them Before They Fall

The Longford Trust
Annual Report 2022

The
Longford
Trust



Learning and Acting

The core mission of the Longford Trust is to raise awareness of criminal justice issues, push for necessary reforms and help ex- and serving prisoners make the most of the second chance that they have. Whilst there is a great deal to be concerned by with regards to the entire criminal justice system and the creaking broader social context within which it exists, at the trust we continue to do what we are best at - learn and act.

Despite, or perhaps because of, the profound challenges facing our scholars, we have completed another busy year of mentoring, provided critical financial support to many, delivered a most impactful lecture (given by Mina Smallman, pictured on the cover) and recognised inspirational organisations and people doing good work in the space. We have also developed our Employability pilot into a fully-fledged project, already delivering a crucial plank of all rehabilitation and reintegration - employment. As we have always done, we will build this programme slowly and carefully, shaping it to the real needs of our scholars.

All of this is made possible by the team that could not be more committed or competent, supported by a trustee body whose experience we are fortunate to have.

My own focus remains on constantly refining our governance structures and meeting the £5 million fundraising target we have set for the Endowment Fund. This year has seen some great success in the latter, but we still have a way to go before financial stability is guaranteed. In the meantime, we continue to do our work - to take action and encourage others to do likewise.



Tom Pakenham
Chair

New Challenges and Second Chances

Every year is different, and in 2022 two of the institutions we work with most closely - universities and prisons – came under significant pressure as they emerged from Covid. Online lectures and seminars during lockdown and beyond, combined with a cost-of-living crisis, have seen many young people asking if a degree is attractive or even affordable, questions raised too by some of those serving and ex-prisoners who contacted us to discuss their university plans. Meanwhile in prisons, the legacy of lockdown is still being felt, with the return to “normal working” often painfully slow and staff shortages taking a toll in education departments.

Our response has been a practical one: to redouble our efforts to resolve for our award-holders all challenges that stand between them and a place at university. To find out how, read on. We are proud that our figures for scholars who graduate and get degree-level jobs have remained over 80%, while those returning to prison, under 5%.

We said goodbye in 2022 to our superb Scholarship Manager, Philippa Budgen, Mentoring Manager, Natasha Maw, and Fundraiser, Jill Dale. All had the best of reasons for going – new work challenges for two and a well-earned retirement for Jill – but all promised to be at the 2023 lecture. As will Clare Lewis, Veena Josh and Chris Walters, their brilliant replacements. Three of our small team of seven part-timers are now ex- or current scholars.

As you turn the pages of this report, do please know that whatever has been achieved is done with your support. With you all alongside us, the Longford Trust continues to thrive.



Peter Stanford
Director
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The Prison Context of Our Work

I remember asking my father, Frank Longford, why he didn't despair working in the prison arena when there never seemed to be improvements. He first started prison visiting in the 1930s, so his span covered seventy years. I only became involved after joining, as Associate Editor and contributor, Inside Time, the UK's free newspaper for prisoners (and others.) But I often remind myself of his surprised reaction to my question. The task, in his view, was the same whatever the results. Each individual story of a better deal, new hope and a new start made all his efforts worthwhile.

So, what is the state of prisons today? First the bad news: prison numbers have doubled since 1993 from 41,000 to over 80,000. Staffing levels have fallen and many officers are inexperienced. Inside prisons, overcrowding is much greater, helped by longer sentences. I recently sat next to a 91-year-old man rehearsing for a prison choir. Bang-up is also longer than three years ago. A recent Chief Inspector's report noted that, at weekends 60% of men were out of their cells for two hours or less per day. In 2019/20, the figure was 28%.

These problems, and more, add up to a growing mental health problem inside prison which contributes to a much-reduced chance of rehabilitation and re-entry into society. Yet there is good news. Most important, there men and women inside prisons who are desperately looking to build a more hopeful future, with support from many charities.'

My father was right, take on the struggle for improvements in our prisons, but concentrate on bettering the future of individual prisoners. This is exactly what the Longford Trust does so well with its Scholarship programme.



Rachel Billington
Trustee

Reforming Probation from the Inside

'In prison,' writes graduate and Longford Scholar Lawrence, 'I determined that a degree was the key to avoiding life as an unemployed "former criminal" who had disappointed family and friends. Imagine my delight to receive an offer to study for a degree. And then probation suggested I might have no choice but to refuse the offer due to restrictions and licence conditions. Any hope I'd had for the future swiftly faded away. I experienced a severe mental breakdown.

On the day of my release, though, things started to change. Wearing a suit, which I'd last worn on my day of sentencing, I made my way to a local probation office, as instructed. I walked into a large office where I was told to sign in and "choose a desk". They had mistaken me for a new recruit to their team.

Next, my probation officer then wrote a supportive reference for a university panel hearing which scrutinised my convictions. She said I would be "an asset to their establishment". I think she'd be proud to know I successfully completed my studies as a Longford scholar, after pouring effort, energy and enthusiasm into my degree. Probation also played their part in my academic success. To make studying easier, instead of time-consuming face-to-face appointments, probation permitted less time-consuming telephone appointments. It's fair to say that I no longer bear a grudge against probation; quite the opposite. Her reference was instrumental in me being confirmed as a student.

When she remarked that one day I could maybe work for probation, I took it with a pinch of salt. I wasn't aware of anybody who had committed a serious offence becoming a probation officer. Yet, here I am - after two years in prison, a chunk of time on probation, and a First-Class Honours degree - doing just that, committed to using my lived experience of the criminal justice system to further reform it from the inside. My colleagues have welcomed me warmly from the outset, and enthusiastically explain the acronyms so common in the service (OASys is just one) - without knowing that as an ex-probationer, I know them all too well!!'

Lawrence's blog (not his real name) is one of those that appear on the blog page on our website. To hear about each new one as it goes live, follow us on Twitter @LongfordTrust, LinkedIn or Instagram @the_longford_trust_



The 2022 Longford Lecture

In front of a packed Assembly Hall at Church House, Westminster, on November 22, with the event broadcast live on National Prison Radio, Mina Smallman delivered her Longford Lecture, “Catch Them Before They Fall”, in conversation with Ronke Phillips, senior correspondent at ITV News. Drawing on her own experience as the “time-out teacher” when Mina was working in a busy London secondary school, she began by pleading for much greater investment in young people who struggle in the classroom and who too often end up in the criminal justice system.

A former prison chaplain, she went on to reflect on her family’s experience in the summer of 2020 when her two daughters Nicole and Bibaa were murdered in a north London park. Their killer has since been jailed, as have two police officers who took photographs of their bodies and posted them to a social media group that included other officers. Mina – the first woman of colour to become an archdeacon in the Church of England – talked candidly about her struggle following her daughters’ deaths to follow Christianity’s teaching on forgiveness, and the potential and pitfalls of the restorative justice process for victims of crime.

This and previous lectures are available to watch on our website - www.longfordtrust.org



The Kevin Pakenham Award 2022

Set up in memory of our founding chairman, Kevin Pakenham, who died suddenly in 2020, and funded by the Blavatnik Family Foundation, this award is made to an individual in the public arena who has done most to push prison reform up the national public and political agenda. It is presented at our annual lecture by Kevin’s wife, the ITN newscaster Ronke Phillips.

In 2022, it was given to well-known business leader James Timpson in recognition of the impact he had made in, as the judging panel put it, ‘drawing the attention of decision-makers, fellow business leaders and the public to the reality of rehabilitation by training and employing serving and ex-prisoners in such numbers in your many Timpson outlets, and by your wider willingness to speak up, lobby and take part in a whole series of reviews and initiatives to persuade everyone to give those coming out of prison a second chance.’

The prize money of £5,000 is to be used by the recipient to support an organisation of their choosing working in the field of prison reform.

The Longford Prize

'With the prison system emerging slowly from the Covid lockdown and struggling to be effective in rehabilitation when faced by so many challenges and so few resources,' said the judges of the 2022 Longford Prize, they had decided to split the £5,000 prize money between two winners 'as beacons of hope in troubled times'. The Longford Prize is awarded annually to celebrate the courage, persistence, originality and humanity of individuals and organisations working for prison reform.



The first was **Brendan Ross** (pictured left) who leads the St Giles' Trust Peer Circles Project that provides employment services for people with multiple and complex needs. 'Brendan's commitment, growing out of his own lived experience, to the hardest to reach individuals in the most difficult situations truly transforms lives,' said the judges.



The second was **Koestler Arts**, which nurture creativity to encourage rehabilitation and so reduce reoffending. 'Its annual exhibitions of art work by prisoners in galleries around the country,' said the judges, 'make a vital human connection between the prisoners who make the work and the members of the public who admire it.' Koestler's director, Sally Taylor, collected the prize.

The Pinter Poem

As part of our lecture, what judges decide is the best poem submitted that year by a serving prisoner to *Inside Time* is awarded the Pinter Poem prize, set up by Antonia Fraser, Frank Longford's daughter, in memory of her late husband, the Nobel Laureate Harold Pinter. The 2022 winner, 'The Prison Bus' by Gavin Grimshaw, was read on stage by former Longford Scholar and actor, Jack Rolf.

The picture seems real but the scene is all fake
A prison bus is rolling by Hollingworth Lake
You appreciate your life when it's yours that they take
You look but can't touch, yeah, its total heartbreak

It's like viewing through a world with a digital screen
Shaken and strangled by a sweat dripping dream
Assaulted with guilt and stabbed by a scream
If God is so real, then why's he so mean?
The prison bus is rolling ever since I was a teen

One life, two life choices in my head
Trapped behind bars, yeah, is living like you're dead
Now I'm dreaming of a lake, feeding ducks with my bread
The prison bus is rolling - best remember what I said

Can you hear that, you know, that tiny little voice
The one inside your mind that is giving you a choice
You're either living in despair or you're smiling in rejoice

Searching for my place as I walk the water's face
Becoming one with nature, yeah, adapting to my space
Questioning myself in this blood-rushing race
Not knowing overwhelms me with a fear-kicking pace
Alive but far from living, existing, not a taste

Strolling down the banking as the ripples trickle by
The echoing of time with a tear inside my eye
I'm drowning in the currents, yet wondering why
Feeling all the motion, yeah, I'm living in a lie
Lost upon a dream is a child inside a guy
The prison bus is rolling ... but I'm learning how to fly

How Education Gave Me A Second Chance

'The letters A,B,C,D are probably the most important determination of a teenager's future,' writes current scholar Neil, 'the higher the letter, the better their chances of carving out a successful career. Unfortunately for me, instead of getting a GCSE grade, I received a different sort of B – I was sent to a Category B prison.

Even if I'd stayed at school, I probably wouldn't have passed any of my exams. I had no enthusiasm for education, was disruptive and an all-round nuisance. Looking back, this was even more depressing as I actually had an ability to achieve: I started out in all the top sets but found myself in the lower tiers because of my behaviour. I was suspended and subsequently permanently expelled. And I became the ultimate failure, committed an horrendous crime and – rightly so – received a custodial sentence for longer than I had been alive.

Spending time in the juvenile prison estate meant that I was faced with my arch nemesis again – education. True to fashion, I wasn't interested and attended just to get out of my cell. Now, 16 years on, I have a degree with first-class honours, and am halfway through an MA in Crime and Justice with the support of the Longford Trust. So how did I get hooked on education?

In prison there is a requirement to complete Maths and English to an adequate level. For me this was boring but essential. Once you have completed the foundations, other courses become available. I was invited to study Sociology at GCSE level. I was learning about myself and am how I had found myself in prison. I stuck at it and achieved a respectable grade B. I had caught the education bug.

With the same inspirational teacher, I next completed seven more GCSEs. Then my tutor suggested I start higher education at the Open University. Navigating the prison system's distance learning troubles, I graduated with a BA in Social Sciences. I was ready to stop there but I was responsible for helping other prisoners choose higher education and so was made aware by my peers of what The Longford Trust offers. I wanted in! I applied and am now doing an MA in Crime and Justice.'

Neil's blog (not his real name) is one of those that appear on the blog page on our website. To hear about each new one as it goes live, follow us on Twitter @LongfordTrust, LinkedIn or Instagram @the_longford_trust_

A Year of Transition

Change from one state or condition to another has been a shared experience of late as we transition into post pandemic life. The process is something we also all experience in different rites of passage throughout our lives. But for our Longford Scholars starting at university that change can be a bigger step than for most.

The transition to university isn't easy for anyone, but for the 26 new Longford scholarship award-holders who joined us in the summer of 2022 (a welcome return to an upward trend after the downturn of the Covid years), there were added challenges, whether they were prison learners building up to release in education departments not quite fully open post lockdown, or those newly-released and experiencing the complexities of life on the outside. To support all of our 70 current Longford Scholars at different stages in their degrees, we offer financial help, one-to-one mentoring, and have in this cost-of-living crisis been putting in place some extra props, including offering to each new student going to a campus university a Noah Box of essential equipment (bedding, crockery, cutlery, tea towels, pans) to set them up. Crucial, too, when rising prices are making many lives tough, have been the emergency payments we have been able to offer to some of our scholars who might otherwise drop out when flooded by bills they just can't pay, and have no-one else to ask for help.

On a personal note, I joined the trust in October, having volunteered as a mentor for four years before that. I was fortunate to have a period of overlap with Philippa Budgen before she departed, and aim to continue building our fantastic scholarship programme, as she did, so that it reaches all those in prison, or just out, who want to do a degree and need support to make the change.



Clare Lewis
Scholarship Manager
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‘Now I Can Hold My Own’

‘It wasn’t easy going into higher education when I left prison,’ writes David, one of our 2021 intake of scholars. ‘I had got no GCSEs at school and had been in and out of prison most of my life, working on building sites inbetween sentences. Then one day I decided I no longer wanted to plaster walls for a living. I wanted to go to university.

I started by attending night school to make good that lack of GCSEs. That was hard work. The classroom and academia were all new to me. Yet somehow I have made it happen. I have chosen to study psychology because I want to make a difference in the lives of others. My motivation, to be clear, far outweighs my intellect, but one of the benefits of prison life is that it made me a resilient and resourceful human being.

What I want to say is that this path I have taken has already demonstrated to me many of the benefits of a degree. It has completely changed my outlook on society. Education has been a win-win for me, helping me to better understand the world around me, and equipping me to make better decisions. What we know about the human psyche is quite dated and poorly understood. Yet the human mind is so fascinating, it is surprising that as a species we know so little about it.

When I finally get this degree, and can throw my hat in the air like all the other students, I will feel so proud of myself. And I hope in a small way I will be a living example, not only to others who have walked the same path as me into prison, but more importantly to my children who have witnessed my lifelong struggles with addiction and crime.

Coming from a marginalised background it was like I never had a voice. All I ever had were middle-class barristers, solicitors, probation officers and drug and social workers talking at me. But now I feel I can hold my own. My vocabulary has broadened so I can articulate what it is I need to say. Yet, as I regularly tell myself, “I have not come this far just to come this far”.

David’s blog (not his real name) is one of those that appear on the blog page on our website. To hear about each new one as it goes live, follow us on Twitter @LongfordTrust, LinkedIn or Instagram @the_longford_trust_

The Patrick Pakenham Awards

The Patrick Pakenham Awards, established in 2007 in memory of Frank Longford’s barrister son, Paddy, (pictured left) as part of the wider Longford Scholarship programme, support young serving and ex-prisoners who want to study law and who nurse ambitions to join the legal profession. In 2022, we had seven Patrick Pakenham Award-holders working with us, at various stages of their law degrees, in various parts of the country.



One scholar is already in discussions via the trust with the Solicitors’ Regulation Authority about the various hurdles that anyone with a criminal conviction must navigate in order to practise as a solicitor or barrister. A second has started work with a legal charity, while a third has been taking part in our Employability project as a way of trying to access internships with law firms while studying.

The Nat Billington Awards

We currently have three scholars on our Nat Billington Awards scheme to support those studying computer science or associated subjects. In addition, this fund, set up in memory of one of our trustees, a computer entrepreneur and grandson of Frank Longford, who died in 2015 at the age of 44, also provides those among the wider Longford Scholarship cohort with one-off grants to enable them to purchase the laptops they need for their degrees, enabling them to work on a level playing field with other undergraduates. In total, £18,500 was spent under this initiative in 2022. We were delighted that Lawrence, one of our Nat Billington scholars, graduated in the summer with a First in Cyber Security (pictured right)



‘That’s Where The Frank Awards Come In’

‘I just wanted to inform you that I passed both my modules with the Open University,’ began the letter I recently opened from one of our 2022 Frank Award holders. ‘I received a merit in both. I would have never been able to get onto this course without you.’

When we set up the Frank Awards in 2014 to help those in prison, with some time still to serve on their sentence, keen to start degree-level studies with the Open University, but unable to get the finance to do so from anywhere else, it was the sort of letter we had hoped we would get: all that enthusiasm and determination to overcome the obstacles and get going on a degree producing results. Eight years on, and with 112 Frank Awards given to date, including this one of a module on ‘Fundamentals of Accounting & Communication Skills’, the programme is going from strength to strength.

In the academic year 2022-23, we will spend around £50,000 on 20 more Frank Awards. All of that sum goes to pay for OU modules. If a prison learner has more than six years to serve before earliest release, they do not qualify for a Student Loan. Education departments therefore have to tell them to go away and come back when they do, which may mean in several years time. Motivation and resilience inevitably drain away.

That’s where Frank Awards come in. For the academic year 2020-21, the last for which we have full outcome figures, almost 60% of those receiving awards passed the modules we paid for and went on to do more – and got funding for them from elsewhere.

We remain hugely indebted to the Linbury Trust who, for the past eight years, have covered the majority of the costs of this aspect of our work.



Sara Boxer
Office Manager
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Why Our Mentors Are So Essential

Joining the Longford Trust in succession to Natasha Maw, who for the previous seven years had successfully set up and run the mentoring programme, means I have had a hard act to follow. As our evaluation results for 2021-2022 show, 100 per cent of the representative sample of our scholars who were questioned by our independent compiler reported that they found having a one-to-one mentor to work with was very beneficial for their studies. So what is there to do to improve it?

Asked specifically how mentoring helped them, here are some of their replies, captured in the report:

- Having someone to be able to confide in has been very useful. I made the decision to disclose my conviction to some of the friends I have made whilst at university. Being able to talk that out with someone who is impartial to the situation was definitely helpful.
- Being able to speak with someone who was non-judgemental and an open ear as they did not know so much about me and could give free unbiased opinions.
- As prison has the ability to shatter your confidence, a mentor is what most of us need, without us knowing it.
- Just having someone who reaches out, someone who cares, someone who bothers.
- My mentor has given me great advice and been fantastic to bounce ideas off of. He has always been keen to meet and is a wonderful listener. I find meeting him helps ground me and feel like I have someone supporting me.

Maintaining the high standards achieved has been my first priority, as well as connecting with each of our trained volunteer mentors and offering them the support they need to continue doing such a brilliant job.



Veena Josh
Mentoring Manager
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I Was Scared Of Taking On A Degree

Adjusting to being in prison at the start of my sentence was extremely hard,' recalls Simon, one of our 2022 intake of award-holders. 'I was thinking about how to improve myself so as to leave prison physically and mentally stronger. One day an Open University team came in to give a talk. From the first moment they spoke, I knew this was the path to go down.

But I was scared. At no point in my life had I ever thought I was capable of studying at degree level. I'd done GCSEs but nothing more. A friend on my wing who I would train with in the gym reassured me. "You enjoy training and sport. You can spend many more months thinking about what you want to do and if you are capable. Or you can take a leap of faith, study a subject you enjoy and give 100% to it." That was the day I sent in my application. I wanted prove to my family that I could be a better man and achieve great things. To show them my dedication to studying was a way of showing them and myself that the future could be better.

At the start of my studies, I found it extremely hard to keep up with deadlines and find the time to study in the prison environment. As time went on, though, it became more natural. I began going to the prison library and borrowed all the books I could find on academic writing to try and learn. Soon I was achieving marks of between 70-80% for all my modules. Access to computers and study material was really hard, but this was something I was doing for my future so I made sure I did all I could on my own, to reach my targets. Over the course of my sentence, I believe I have matured immensely, and feel happy with the man I am today.

My transition from prison back into the community has so far been a smooth process due to careful planning and a wide range of support. My Longford Trust mentor is amazing. He will sit with me and go through my work, help me to understand areas where I could improve. He is also there for emotional support should I need it during these challenging times.'

Simon's blog (not his real name) is one of those that appear on the blog page on our website. To hear about each new one as it goes live, follow us on Twitter @LongfordTrust, LinkedIn or Instagram @the_longford_trust_

Landing a Graduate Job

I began in May of 2022 as the Longford Trust's first Employability Manager while still in prison, going out on day release to do my degree at the local university. Having at my side Philippa Budgen, the trust's Scholarship Manager who had piloted the Employability Project thus far, was a really big bonus. Working together over the course of the year, including my release in the autumn, was all about listening: to what Philippa had learnt up to that point; to the employers who were so willing to help us support our soon-to-graduate scholars with training, internships, and work placements; and, above all, to our scholars to understand their career plans, and what help they needed to get there.

Of our 15 graduates in the summer of 2022, all went on to internships, jobs, or further study. Nine had at some stage during their scholarship taken part in some employability-related course, placement or opportunity offered by the trust. And then in November, we held an employability workshop for all the scholars who had come to hear Mina Smallman that night. A group of liked-minded employers, some of them already engaging with our graduates, reinforced the key message that there are careers out there for our scholars, and Employability is a good route to getting them.

That was repeated later on stage, after Mina's lecture, by Rupert, a successful tech entrepreneur, and Kyle, Longford Scholar and recent graduate who had started with Rupert's London-based company as an intern and had now joined the full-time staff. Give it a try, Rupert urged other employers in the audience. And plenty did come forward, giving us lots of good reasons to believe 2023 could be an even better year.



Abi Andrews
Employability Manager
employ@longfordtrust.org

A Life-Changing Visit to Uganda

As part of our Employability project, two Longford Scholars spent five weeks in the summer of 2022 working with the charity Justice Defenders in Ugandan prisons. Wayne reflects in conversation on the experience

Why did you apply to go to Uganda? The opportunity immediately spoke to me – to my passions, and to my personal and professional experiences. I was about to graduate in my BA (Hons) degree in Youth Work and Community Development. I have been questioning what my next steps in life should be, how can I use my lived experienced and the academic knowledge I have gained to make a real difference in the world.

What was it like going into a Ugandan prison? One of the main things was that there were a lot of officers who genuinely wanted to help those in prison. There was almost a camaraderie between prisoners and staff. They all seemed to understand that people were often committing crimes just to survive. Many prisoners had been unable to defend themselves in court, or didn't have the means.

What did you get involved in there? In the prisons there were opportunities for us to meet prisoners and share our own lived experiences and encourage them that none of us are defined by our past. This was particularly challenging in a completely different culture with often extreme barriers and no obligation on the government for support on release such as housing or a benefit system.

What did you gain by going to Uganda? It has opened my eyes to the fact that, although we have our own challenges within our country, we are extremely fortunate in comparison to others around the world. It has helped me identify more clearly that I want to be involved in social change/justice and that we are not limited to just our own community to do that.

Wayne's blog is one of those that appear on the blog page on our website. To hear about each new one as it goes live, follow us on Twitter @LongfordTrust, LinkedIn or Instagram @the_longford_trust_



Feedback From the Front Line

'In the earlier days of my degree, when the future was less clear, my Longford mentor Will was great - particularly to speak with about life in general. So, topics like hobbies, friendships, girlfriends, driving, holidays, that sort of thing. He also proof-read many of my university assignments, which might not have been part of his role as a mentor, but he was always happy to help there too.'

–DS who graduated with a First in the summer of 2022

'The Longford Trust and other people who have had a positive role in my life - prison art teachers, the prison nun, *Inside Time*, the Koestler Awards – have all been a fantastic help to me in building my confidence. For most of my life I've done nothing but take. This year, I've reached a turning point where I have managed to open a gallery as a not-for-profit venture and I will be offering it to artists at rental cost only, no commission.'

–JC, Longford graduate in Fine Art

'As a Longford Scholar, I feel incredibly grateful for the Trust's commitment to levelling the playing field for all its scholars and to giving us the opportunity to prove ourselves. It is truly inspiring.'

–RS, after completing one of our Employability training sessions

'For me it was a gamechanger. My confidence grew, being part of such a nurturing team. If I made a mistake, I was able to talk about the mistake, we could develop on that, it was all about growing and learning. Who wouldn't want that?'

–LC, Longford graduate on the internship we arranged at the Criminal Justice Alliance

'The fact that I was granted my scholarship and felt that people believed in me and my potential was such a great motivator. It has enabled me to believe in myself and what I can actually achieve. Maybe not everyone feels like that but I would like to thank you, and hope and pray that others will get the help I have received to propel them into a future of being able to help others who may feel hopeless and lost within the cycles of crime, addiction, prison and mental health.'

–ML who started with us in September 2022

What the Figures Show

We regularly review our performance in terms of

- **Outcomes** for those we give awards to
- Annual **Evaluations** of how scholars and mentors rate what we do; and
- How the **Diversity** of our scholar group reflects that of the prison population.

On Outcomes: our latest statistics, compiled at the end of 2022, show that 83.3% of those who have received a Longford Scholarship graduate, or are on course to graduate, and get a degree-level job. That is a rise of 1.7% since the last audit in the summer of 2021.

Those on our programme who drop out of their studies fell to 12.5% (13.9% in 2021), while the numbers returning to prison was just 2.8% - as against 4.5% in 2021. Return-to-prison rates across the whole prison population are in excess of 50%. A fresh audit will be undertaken in the autumn of 2023.

Numbers:

	2021	2022
Graduated or on course to graduate.....	81.6%	83.3%
Dropped out of studies but not returned to prison.....	13.9%	12.5%
Returned to prison	4.5%	2.8%

Our most recent Evaluation report was carried out in the middle of 2022 by an independent expert on behalf of the trust. 87% of scholars surveyed rated the support they receive from the Longford Trust team as five out of five, and 86% of mentors gave the same verdict. Asked how far studying for a degree had made them feel more confident about themselves, and about their abilities, over three quarters chose the highest rating.

On Diversity, our 2022 figures show that 40.5% of our award-holders (across our Longford Scholarships and our Frank Awards) are from minority ethnic backgrounds – compared to 27% in the general prison population, and 18% of the UK population (in the 2021 census). 17.6% are women, up from 16% in 2021, compared to 4% in the prison population.

Without You, We'd Achieve Nothing

The Longford Trust has been hugely fortunate, throughout its twenty-year history, in the support, faith and steadfastness of its supporters who have nurtured the charity from its earliest, fragile beginnings. I feel very lucky, in joining this year as Fundraising Manager, taking over from the long-serving and much-admired Jill Dale, to inherit such engaged and enthusiastic backers for all that we do. And I write as someone who has benefitted from a Longford Scholarship.

2022 saw the first full year of development of our Endowment Fund, announced at the 2021 Lecture by our chair, Tom Pakenham, and launched with a donation of £140,000 from Tom and his siblings in memory of their father, our late chairman, Kevin Pakenham. The Endowment Fund target is £5 million, which will be invested and generate a steady annual income that will ensure the long-term future of our scholarship programme. Over the course of the last 12 months, a further £18,000 has been raised for the fund, including a proportion of the sales of work by the Henry Lamb Estate (Lamb was Frank Longford's brother-in-law) and Messums. In addition, a number of generous supporters have made pledges of gifts in their wills that will contribute to its continuing growth.



You may also have a fundraising event that you would like to organise for us. We welcome all suggestions!

Chris Walters
Fundraising Manager
fundraising@longfordtrust.org

If you feel moved, on reading this annual report, to make a further or a first donation to the Longford Trust, there are a number of ways to do it.

By bank transfer: CAF Bank, sort code 40 52 40, account number 00019561, account name Frank Longford Charitable Trust.

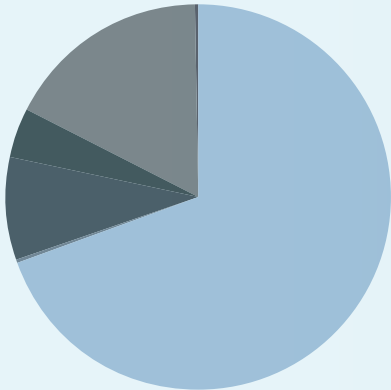
By cheque: made out to Frank Longford Charitable Trust and sent to PO Box 72887, London N2 2FG.

Or: via our JustGiving account

Income

Donations to Restricted Funds	2022	2021
Longford Scholarship Programme	£289,818	£208,235
Patrick Pakenham Awards	£1,080	£9,081
Longford Lecture and Prizes	£36,176	£15,997
Endowment Fund	£18,128	£139,994
Sub total	£345,202	£370,806
Donations to Unrestricted Funds		
General Administration	£71,068	£62,019
Investment Income	£810	£180
Sub total	£71,878	£62,199
Total	£417,080	£433,005

- Longford Scholarship programme
- Patrick Pakenham Awards
- Longford Lecture and Prizes
- Endowment Fund
- General Administration
- Investment Income



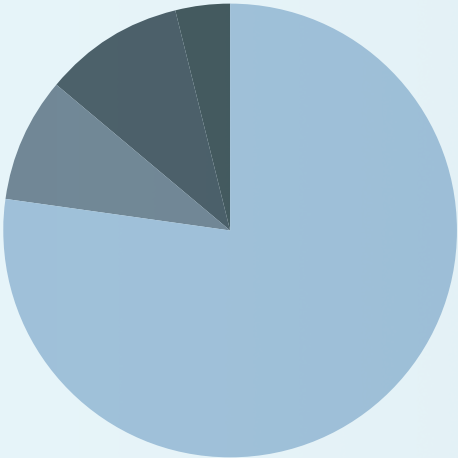
We are grateful to the following for the support in 2022: Charles Alexander; The John Armitage Charitable Trust; Ariane Banks; Lady Rachel Billington (in memory of Kevin Billington); The Sydney Black Charitable Trust; The Blavatnik Family Foundation; Clive Boxer; Gyles and Michelle Brandreth; The Bromley Trust; Thomas Brown; Buchanon & Rob Connell; Paul and Susan Butler; The Cairns Charitable Trust; Lord Charles Cecil; Dr Les Clark; RJ Clark; Cecile and Robert Coke; Dr Stephen Corcoran; The Cowley Charitable Trust; Claire Cross; William Dartmouth; The De Winton Charitable Trust; Jane Dominey and Jim Warwick; Dreamchasing – The Dennis Foundation; 8C Capital; The Fishmongers' Company Charitable Trust; The Fitzgerald Family Foundation; Edward and Rebecca Fitzgerald; Emily Fletcher; Lady Antonia Fraser; Orlando Fraser; The Robert Gavron Charitable Trust; The GESS Charitable Trust; The Glebe Charitable Trust; The Bryan Guinness Charitable Trust; The Hargrave Foundation; The Hawthorne Charitable Trust; Hugh Herzig; Kate Hill; Sir Harold Hood's Charitable Trust; James Killen; The KW Charitable Trust; The Henry Lamb Estate (Primrose Campbell); Luke Leighfield; The Linbury Trust; Phyllida Lloyd; The Lund Trust – a charitable fund of Peter Baldwin and Lisbet Rausing; Messum's Fine Art; The Miles Morland Foundation; In memory of Bill Nash; Josephine Neilson; The Northwick Trust; The Offenheim Charitable Trust; The Henry Oldfield Charitable Trust; The Beth O'Leary Charitable Trust; Sandy O'Leary; Guy Pakenham; In memory of Kevin Pakenham (Sebastien Chatel, James Hooper and Ben, Hermione, Kate and Tom Pakenham); James Palmer; Penny Parker; Richard Pollitzer; Charlie Porter; The Rank Foundation; The Rivers Foundation; Stephen Robinson; The Rothschild Foundation; Jon Samuels KC; In memory of Beth Stanbridge; Jonathan Sterling; The Stone Family Foundation; The Thriplow Charitable Trust; Troy Asset Management; Harry Wain; Marina Warner; The Wilmington Charitable Trust; The Wolton Charitable Trust; Jon Young; Lloyd Zuckerberg and Charlotte Triefus; and many more who gave on condition of anonymity.

Expenditure

	2022	2021
Longford Scholarships' Programme*	£297,664	£223,660
Longford Lecture and Prizes	£33,337	£31,586
Fundraising costs	£38,624	£24,428
Administration and governance	£14,548	£22,124
Total	£384,173	£301,798

*including the Patrick Pakenham, Nat Billington and Frank Awards

- Longford Scholarships' Programme
- Longford Lecture and Prizes
- Fundraising costs
- Administration and governance



Current Assets at the end of 2022	2022	2021
Creditors: falling during the next year*	£511,725	£472,996
Creditors: falling after 2023*	£66,588	-
Creditors: falling after 2023*	£48,466	-
Total assets including Endowment Fund	£396,671	£363,764

*including pledges to current continuing scholarship award holders

The Longford Trust Team

Chair

Tom Pakenham

Trustees

Hannah Billington

Rachel Billington

CJ Burge

Alex Fletcher

Victoria Greenwood

Pawel Kisielewski

John Podmore

Imran Shaukat

Jon Snow

Office

Peter Stanford – Director

Clare Lewis – Scholarship Manager

Veena Josh – Mentoring and Development Manager

Sara Boxer – Office Manager

Abi Andrews – Employability Manager

Molly Zoglowek – Comms Manager

Chris Walters – Fundraising Manager

Annual Report designed by Bruno Sontheimer


Photography by Russell Bruns


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 @LongfordTrust

 @the_longford_trust_

Registered Charity no 1164701

Bankers: CAF Bank Ltd

Solicitors: Bircham Dyson Bell

Accountants: 1Accounts